

## QQI Level 5 Care Skills (5N2770)

This programme is designed to enable Health Care support workers or assistant staff, to develop their knowledge, skills and attitudes in caring for a client during a period of Health care need. The programme will focus on skills acquisition in a range of competencies expected within the role of Health Care Assistant (HCA's).

In order that students achieve the competencies required (see the attached sheet) the students need to have absolute confidence and confirmation that they can achieve the clinical placements necessary to complete the skills assessment. The Education Centre must receive information on the work placement location.

**Commencing the 25<sup>th</sup> March and concluding the 20<sup>th</sup> May**

<b>Date</b>	<b>Content</b>
25/03/15	Client care approaches, environment of care and the obligation of the HCA role meeting the standards of HIQA – see FETAC Items 10.1.1 – 10.1.9  Using equipment to enable self and clients in Daily Living Activities – see FETAC items 10.2.1- 10.2.4
15/04/15	The role of the HCA and skills development Phase 1 see FETAC items 10.3.1- 10.3.3 ABC
06/05/15	The role of the HCA and skills development Phase 2 See FETAC items 10.3.3 - 10.3.9  The role of the HCA and skills development Phase 3 See FETAC 10.3 – 10.11
20/05/15	Assignment work: One Viva + one assignment in the form of a seminar Course conclusion Evaluation

Assessments: Skills Demonstration (60%) and Project (40%)

Competencies and skills assessment will take place in the work environment and there must be the agreement of the employer to undertake skills development assessment. **150 hours.**

In addition to the skills demonstration (60%) two further forms of assessment are required:

1. Viva (oral presentation) on an agreed topic
2. Host a peer group seminar- which will be recorded for assessment

On successful completion of this course, learners are awarded a **QQI Level 5 Care Skills Component Certificate (5N2770)** This course can be used towards several QQI Major Awards in Healthcare.

Entry Requirements:

- Leaving Certificate or relevant qualifications and/or relevant life and work experiences.
- All participants on this course must have good fluency in English
- Manual & Patient Handling Certificate required for Work Placement

**Cost: €325.00** – booking form and payment required in advance of course commencement.  
Fee is non-refundable.

**Location:** The Education Centre is located on the Grounds of St. Luke's Home, Castle Road, Mahon. We are located close to Blackrock Castle and the following link provides directions and map.

<http://www.stlukeshome.ie/node/101>

Places will be allocated on a first come first served basis and early booking is recommended.

*Enhancing our Caring by on-going Training*

## **QQI Level 5 Care Skills (5N2770)**

### **Specific Learning Outcomes**

#### **Unit 1 Client Care**

*Learners should be able to:*

**10.1.1** identify relevant groups of people in need of health care

**10.1.2** describe briefly the physical, emotional, social, psychological and spiritual needs of a range of groups of people, taking into account individual variation

**10.1.3** respect clients' wishes and confidentiality in the delivery of care

**10.1.4** apply effectively client safety and security procedures

**10.1.5** adapt levels of assistance to the needs of particular clients

**10.1.6** demonstrate effective interpersonal skills with clients, to include empathy, respect and patience

**10.1.7** demonstrate effective communication skills with clients

**10.1.8** enhance the following for the client in care:

- privacy and dignity
- independence
- positive self image

**10.1.9** encourage clients to participate in social events, outings and occupational therapy and/or physiotherapy.

#### **Unit 2 Using Equipment**

*Learners should be able to:*

**10.2.1** assist the client in the use of sensory equipment, for example hearing aids, glasses, dentures

**10.2.2** assist in the use of aids that encourage independence

**10.2.3** use mechanical aids and equipment, for example:

- mobility aids

- feeding aids
- washing aids
- elimination aids
- hoists

**10.2.4** demonstrate the correct procedures for cleaning and replacing equipment.

### **Unit 3 Assisting Skills**

*Learners should be able to:*

**10.3.1** demonstrate on site the appropriate procedures for client care in the following:

- washing/bathing/showering
- positioning

**10.3.2** use safe approved moving and handling techniques

**10.3.3** assist clients with:

- dressing/grooming
- eating
- drinking
- toileting and continence promotion
- mobility

**10.3.4** assist clients with social needs where appropriate

**10.3.5** identify and assist with the hygiene needs of dependent clients

**10.3.6** maintain a safe and hygienic environment for clients

**10.3.7** dispose safely of soiled linen and excreta

**10.3.8** describe and assist in the prevention of pressure sores

**10.3.9** demonstrate the appropriate procedure for cleaning patient equipment, for example beds, mattresses, bed pans, baths

**10.3.10** report changes in the client's condition to the relevant Supervisor

**10.3.11** complete client documentation where appropriate