

QQI Level 5

Care of the Older Person (5N2706)

This course is required for care staff working with older people in care settings and includes information on HSE approved training on Elder Abuse. This course is also suitable for family members caring for elderly relatives in their own home. The course is a practical based course delivered by an experienced and well qualified nurse and facilitator. Role plays, interactive learning and simulated exercises are used to teach a variety of care skills.

Overall Aim:

The course is aimed at adults considering working in this vital area. This module is designed to equip learners with the knowledge and skills to provide care for older people in a variety of settings.

**Commencing the 29th September and Concluding 1st December
6.00pm – 9.30pm**

Date	Content
29/09/15	The Ageing Process Normal Ageing Social impact of older people Organisations providing care – statutory, voluntary & private
06/10/15	Needs of the Older Person Age Related conditions Support needs
13/10/15	Principles of person centred care Role of the Carer
20/10/15	Communicating with the Older Adult Caring for physical impairment
27/10/15	Caring for the Older Adult with cognitive / dementia & challenging behaviour
03/11/15	Pressure Area Care Continence Care & Management
10/11/15	Nutritional needs to include activities such as eating, drinking, mobilisation, dressing, undressing, personal hygiene routines, bathing & showering
17/11/15	Protecting the Older Vulnerable Adult, Safety at home Skills Demonstration
24/11/15	End of Life Care

01/12/15	Summary and Outstanding Issues Final Submission of Assignments
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Assessments: Skills Demonstration (60%) and Project (40%)

On successful completion of this course, learners are awarded *a QQI Level 5 Care of the Older Person Component Certificate (5N2706)* This course can be used towards several QQI Major Awards in Healthcare.

Entry Requirements:

- Leaving Certificate or relevant qualifications and/or relevant life and work experiences.
- *All participants on this course must have good fluency in English (Both Oral and Written)*

Cost: €295.00 – booking form and payment required in advance of course commencement. Fee is non-refundable.

Location: The Education Centre is located on the Grounds of St. Luke's Home, Castle Road, Mahon. We are located close to Blackrock Castle and the following link provides directions and map <http://www.stlukeshome.ie/node/101>

Further Details on all the courses provided by the Education Centre are available on www.stlukeshome.ie/education-centre

Enhancing our Caring by On-going Training